

Term 1&2 2023/2024

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main option	Cheese and tomato penne pasta bake, garlic bread and green salad	Oven Baked sausages served with sauté potatoes, peas & ketchup	The Lataca Midweek Carvery – A selection of roasted meats served with all the trimmings & homemade gravy	Homemade chicken curry served on a bed of mixed rice (whole meal & white)	Cod fillet fishfingers served with chips and baked beans
Veggie option	Vege penne pasta	Vege bake with sauté potatoes peas and ketchup	Quorn roast	Vege curry & rice	Vege fingers with chips & baked beans
Carbs & sides	Penne pasta, garlic bread and green salad	Sauté potatoes peas & ketchup	Crispy roast potatoes & market fresh vegetables with homemade gravy	Savory rice	chips and baked beans
Pudding	Strawberry flavour soft scoop ice cream	Homemade caramel sponge	Fruit flavored jelly pots	Homemade Chocolate shortbread	Pudding of the Day

Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main option	Homemade Mac'n'Cheese	Sausage and bean hot pot with crusty bread and vegetables	The Lataca Midweek Carvery – A selection of roasted meats served with all the trimmings & homemade gravy	Spaghetti Bolognese served with green salad and bread	Fish cakes in breadcrumbs with chunky chips and baked beans
Veggie option	As above	Vege hot pot	Quorn roast	Vege Bolognese	Vege sausage
Carbs & sides	Pasta, Garlic bread and mixed leaf salad	Crusty bread, veg	Crispy roast potatoes & market fresh vegetables	Pasta, Green Salad	Chunky chips and beans
Pudding	Strawberry flavoured jelly	Chocolate ice cream	Homemade Vanilla sponge	Oaty flapjack	Pudding of the Day

Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main option	Farfalle pasta marinara served salad	One Pot Chicken Casserole served with Farmhouse Veg and Crusty Bread	The Lataca Midweek Carvery – A selection of roasted meats served with all the trimmings & homemade gravy	Meatballs & sauce served with rice and tortilla chips	Cod fillet bites, chunky chips and peas and ketchup
Veggie option	As above	Vege One Pot	Quorn roast	Vege Balls, Rice tortilla chips	Vege bites served with chunky chips, peas and ketchup
Carbs & sides	Pasta and garden salad	Farmhouse Veg, Crusty Bread	Crispy roast potatoes & market fresh vegetables	Mixed rice, tortilla chips	Chunky chips and baked beans
Pudding	Raspberry fruit jelly	Homemade Chocolate Sponge	Homemade banana sponge cake	Homemade cherry shortbread & strawberry custard	Pudding of the Day

Available each & every week

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jacket potato	Oven baked jacket potato served with side salad & a choice of toppings; Grated cheese, coleslaw or beans				
The other option	Homemade Potato and leek soup, fresh chunky bread, crudités, fruit, yogurt, pudding of the day	Quiche Lorraine, mixed salad, crudités, savory snack Fruit, Yogurt pot and pudding of the day	Tomato and basil soup fresh crudités, savory snack, yogurt pot, fresh fruit and a pudding	Cream cheese & crackers, salad, crudites, fresh fruit, yogurt and pudding of the day	Cheese Sandwiches, mixed salad, fresh crudités, savory snack, yogurt pot, fresh fruit and a pudding

Water is provided at lunchtime.

As well as our puddings, a selection of fresh fruit & yogurts are available daily, along with a fresh side salad