

2025/2026

	TERM 1		TERM 2		TERM 3	
Reception <i>Pluto</i>	Introduction to PE : Unit 1	Fundamentals : Unit 1	Gymnastics : Unit 1	Dance : Unit 1	Ball Skills : Unit 1	Games : Unit 2
Year 1 <i>Mars</i>	Fundamentals Ball Skills	Gymnastics Sending and Receiving	Dance Target Games	Yoga Invasion Games	Sports Day Preparation Net and Wall Games	Striking and Fielding Games Athletics
Year 2 <i>Neptune</i>	Fundamentals Ball Skills	Gymnastics Invasion Games	Dance Sending and Receiving	Net and Wall Games Team Building	Sports Day Preparation Striking and Fielding Games	Athletics Fitness
Year 3 <i>Mercury</i>	Fundamentals Y3/4 Yoga	Gymnastics Dodgeball	Dance Netball	Fitness Football	Athletics Tennis	Cricket Handball
Year 4 <i>Venus</i>	Basketball Ball Skills Y3/4	Gymnastics Rugby	Dance Hockey	Yoga Tennis	Athletics OAA	Cricket Athletics
Year 5 <i>Jupiter</i>	Netball Gymnastics	Dodgeball Rugby	Dance Badminton Y5/6	Swimming	Athletics Tennis	OAA Cricket
Year 6 <i>Saturn</i>	Basketball Volleyball Y5/6	Gymnastics Football	Dance Hockey	Swimming	Athletics Tennis	Rounders Golf